



SOUTH AFRICAN RESULTS

2002 YOUTH RISK BEHAVIOUR SURVEY

(YRBS) 1 - *Umntente Uhlaba Usamila*

SEXUAL BEHAVIOUR

- 41% Ever had sex
- 14% Age of initiation < 14yrs²
- 54% Had ≥ 2 sexual partners in their lifetime²
- 70% Had ≥ 1 sexual partner/s in the past 3 months²
- 14% Used alcohol or drugs before sex²

CONTRACEPTION

- 29% Always used a condom during sex²
- 16% Have been pregnant or made someone pregnant²

ABORTION

- 8% Had an abortion/partner had an abortion²
- 16% Had an abortion at a traditional healer^{2,3}
- 63% Had an abortion at a hospital/clinic^{2,3}

STIs

- 7% Ever had an STI²
- 64% Received treatment for an STI²

INTENTIONAL AND UNINTENTIONAL INJURY

Violence

- 17% Carried any weapon (past 30 days)
- 41% Were bullied (past 30 days)
- 30% In a physical fight (past 6 months)
- 29% Injured in a physical fight (past 6 months)
- 14% Member of a gang (past 6 months)
- 10% Ever forced to have sex (past 6 months)
- 8% Ever forced someone to have sex (past 6 months)
- 32% Felt unsafe at school (past 6 months)

Traffic Safety

- 14% Always wear seatbelts when driven by someone else
- 34% Driven by someone who had been drinking alcohol (past 30 days)
- 8% Drove after drinking alcohol (past 30 days)
- 11% Walked alongside a road after drinking alcohol (past 30 days)

Suicide

- 24% Had sad or hopeless feelings (past 6 months)
- 19% Ever considered attempting suicide (past 6 months)
- 16% Made a plan to commit suicide (past 6 months)
- 17% Made one or more suicide attempts (past 6 months)
- 28% Of attempted suicides required medical treatment (past 6 months)

TOBACCO USE

- 21% Currently smoke (past 30 days)
- 47% Tried to quit cigarettes (past year)
- 11% Used smokeless tobacco (past 30 days)
- 84% Current smokers exposed to environmental tobacco smoke (past 7 days)

ALCOHOL USE

- 49% Ever used alcohol
- 32% Ever used alcohol (past 30 days)
- 23% Past month binge drinking
- 12% Age of initiation < 13 yrs

ILLEGAL + OTHER DRUG USE

- 9% Used dagga in the past month
- 6% Ever used mandrax
- 6% Ever used cocaine
- 12% Ever used heroin
- 16% Ever used over-the-counter/prescription drugs

NUTRITION AND DIETARY BEHAVIOURS

- 9% Underweight (weight for age)
- 11% Stunting (height for age)
- 4% Wasting (weight for height)
- 17% Overweight (BMI > 25)
- 4% Obesity (BMI > 30)
- 24% Describes themselves as underweight
- 14% Describes themselves as overweight

PHYSICAL ACTIVITY

- 45% Participated in sufficient vigorous physical activity (> 20 min ≥ 3 days within past week)
- 34% Participated in moderate vigorous physical activity (> 30 min ≥ 3 times within past week)
- 38% Participated in insufficient or no physical activity (within past week)
- 25% Watch TV for more than 3 hours per day

HYGIENE

- 89% Brush teeth at least once a day
- 89% Own a toothbrush that is not shared
- 76% Always wash hands after going to the toilet
- 67% Always wash hands before eating

¹ 10 699 participants, Grades 8-11, 188 public schools, 9 provinces

² Of those that ever had sex

³ Of those that had an abortion