

Prevent, Protect, Educate

Indoor Air Pollution



START

Using your dice and markers, see who can get to the finish first!



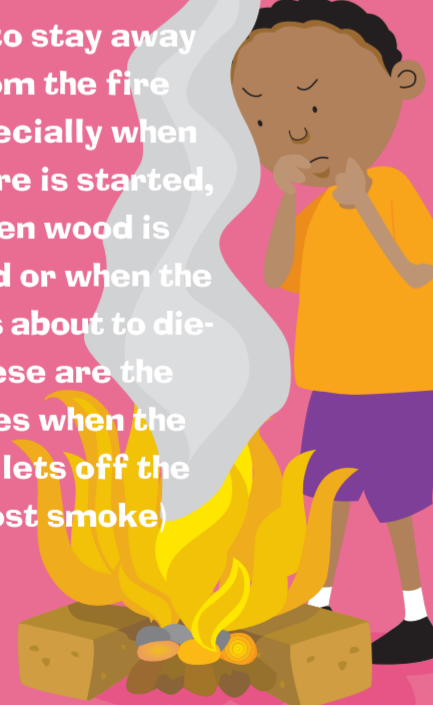
Collect small pieces of wood for the grown up to make a fire



Go ahead 4 spaces

4

Try to stay away from the fire (especially when the fire is started, when wood is added or when the fire is about to die - these are the times when the fire lets off the most smoke)



Go back 3 spaces

Make sure the wood or patties are dry

Go back 4 spaces



19

Open windows - two is better than one, or open a door and a window

Go ahead 3 spaces



17

Take an extra turn



Start the fire outside if possible



Go forward 2 spaces

Well Done!

FINISH



Encourage your parents to build or buy smoke-reducing appliances, such as smoke hoods, a haybox or an improved stove

Go ahead 3 spaces

23

Avoid breathing in smoke. Remember, when your throat hurts and your eyes water, these are the bad chemicals that can also affect your lungs



Go back 3 spaces

25



Remember always to make a fire a few centimetres off the ground

Go ahead 2 spaces

27



Keep younger kids away from the fire

Go back 6 spaces

Avoid breathing in tobacco smoke. If anyone in your family smokes, ask them to smoke outside. Cigarette smoke is very bad for your body.

Go back 4 spaces



9

Use pot lids during cooking



Go ahead 3 spaces

If you breathe in a lot of smoke it can hurt your body. It contains lots of fine particles that can damage your lungs. Learn how to protect yourself against smoke pollution. Good luck!



Field Testing Version